

Behavioral Health Plan:

FOCUS ON **PREVENTION**



Synopsis:

- What we currently do:
 - Support our Families
 - Support our School and District Staff
 - Support Community Projects and Agencies
- How to Utilize State Funding to Target Deeper Support



SARASOTA
County Schools

Continue Implementation of Tier I and II Support

Student Support:

- **Completed 15 Threat Assessment** protocols on students at risk for safety concerns (13 generated after Parkland incident) completed by school psychologists, social workers, school staff (and reviewed by Director of Safety and Security)
- **Monitor Monthly Foster Care** at School Wide Support Team Meetings in every school
- Send **"Keep Me Safe" email every day** for every child who enters foster care or has a DCF removal and goes to every school counselor, social worker and psychologist
- **Trained Guardians ad Litem** to have access to the Student/Parent Portal to review attendance and grades
- **Complete re-entry plan** for every student returning from Baker Act or Threat Assessment
- Implement **Personal Safety plan** for all students in all schools in danger of hurting themselves or others
- Update Call For Help Cards to include the **CRISIS TEXT LINE**. All high school students received a card and all counselors received stacks of cards to share
- Support **SAVE Grant** at Booker Middle School which provides wraparound services on site

Family support:

- Updated District Website Parent **Resource link** with Bullying Resources, MTSS Behavior interventions, and Mental Health Resources
- Participate in **weekly Child and Family in Need of Services (CINS FINS)** at YMCA site meeting with parents, school staff, YMCA to connect supports/resources for a child in need
- Participate in weekly **Multi-Disciplinary Team Staffing with DCF**, Crisis Prevention Team and other mental health agencies
- Implemented **Community Mental Health Exchange Release of Information** to allow information access between agencies
- **Upcoming: Agency Fair** for parents of students with disabilities at STC on Thursday, April 26, 2018; mental health agency representation and breakout sessions on cyberbullying (SRO- Wayne Ferris), Anxiety in Children and Teens (Fundamental Psychology Inc- Venice- Angela Steranko, and Self Determination Cate-land Abernathy-Family Network on Disabilities Youth Advocate)
- **Upcoming: Social Media Parent Night** and Public Service Announcement Competition
- **Upcoming: Quarterly Parent Workshop** focused on Mental Health issues (FDLRS)

Student Services Staff and School Counselor Support:

- **Trained Youth Mental Health First Aid (Project Aware)** for all social workers, psychologists, counselors, and nurses (75 participants)
- **Trained Student Services Team Members in Trauma Informed Care** (27 participants)
- Completed **Suicide Prevention Certification** (two-hour online training) for all social workers and Home School Liaisons (27 participants)
- Trained social workers, psychologists and school counselors with **updated Gatekeeper Protocol** (87 participants)

- **Updated School Wide Loss Manual** sent to every school
- **Upcoming: LGBTQIA training** for PSS Instructional staff in May
- **Upcoming: Coordinate support, staffing models, and refine responsibilities** of Behavior Specialists, Counselors, Social Workers, Psychologists, Program Specialists

School Staff Support:

- **Updated Multi-tiered System of Support:** Tier I, II, III Interventions on digital system and SharePoint
- **Trained Restorative Strategies:**
 - Trained 13 district staff as **Restorative Strategies Trainers**
 - Trained **471 K-12 teachers and staff in Restorative Strategies** (121 in process of being trained)
 - Trained 30 administrators in conducting **Restorative Meetings** as an alternative to suspension
 - Created overview **brochure** and distributed to all schools
 - Created a **Restorative Strategies webpage** on SharePoint
 - Created a **resource site** on our SharePoint system for staff, administrators and trainers
- **Published Positive Behavior Intervention and Support (PBIS) plans on District Dashboard** and include Gulf Coast Community Foundation’s **CIVILITY SQUAD** and BECAUSE IT MATTERS initiative (82 participants)
- **Upcoming: Speak Up for Kids Mental Health Conference** in May (SEDNET, FDLRSS and SCSB, and Community Agencies in Manatee and Sarasota)
- **Upcoming: Community Mental Health Agency Providers Fair** for ALL Sarasota Staff sponsored by Circuit 12 on Thursday, August 9th

Support Community Projects and Agency Partnerships:

- Charles & Margery Barancik Foundation (CMBF) **“Environment Scan” of available Mental Health Resources to complete a needs analysis; First 1000 Days Campaign; Expand awareness of Crisis Text Line**
- Community Foundation of Sarasota County (CFSC) partnership with The Florida Center for Child Development to provide **Mental Health Therapist and Behavior Specialist** at Gocio Elementary
- Gulf Coast Community Foundation (GCCF) ‘Because it Matters: **Civility Squad**’
- Exploration of **Teen Court** and **First Step Counseling** expansion to other high schools (i.e., SHS model) with CFSC and GCCF
- Support the following Tier III Mental Health Agency Resources through **Interagency Agreements:**

Bay Area Youth Services
 Big Brothers and Big Sisters
 Camelot Community Care
 Centerstone
 Charlotte Behavioral Health
 Coastal Behavioral Healthcare
 Coastal Behavioral Healthcare, Inc.
 Faces of Accomplishment
 First Step at Sarasota High School
 Gulf Coast Psychotherapy

Jewish Family & Children’s Service
 Palm Shores Behavioral Health
 Pieces Of A Dream at North Port High School
 Psychamerica/Big Bear Counseling
 Sarasota County YMCA/Safe Children’s Coalition
 SPARCC
 Teen Court
 Tidewell Hospice
 Tri-County Counseling
 United Way Suncoast

Our Plan to Utilize \$891,493 State Funding to Target Support:

(\$1,048,815 total minus 15% allocation to charters of \$157,322=\$891,493)

\$74,069

Curriculum to Enhance Tier I and Tier II Support:

- \$19,600 (books) • **Restorative Strategies** Tier I training for elementary teachers (2-3 hours)
- \$30,690 (books) • Social Emotional Curriculum for K-8: **CHAMPS** (focus on Middle School teachers)
- \$23,779 (books) • Social Emotional Curriculum for 9-12 by the authors of **CHAMPS: Discipline in the Secondary Classroom** (one for every high school teacher)
- Grant-funded • **Culturally Responsive and Trauma Informed Teaching** with Jon Saphier's training using *High Expectations Teaching* and *The Skillful Teacher* (7 day training for 160 K-12 staff)

\$201,250

Expand Behavioral and Mental Health Training Opportunities to build Capacity in Our Staff:

- \$25,000 • Substitutes to expand access to **Youth Mental Health First Aid community/** staff training opportunities for teachers
- No cost • **Suicide Prevention Certification** opportunity for teachers (free online 2-hour course)
- No cost • **Trauma Informed Care Training** for Program Specialists at all levels, Behavior Specialists, and Support Staff
- \$62,500 • Substitutes for training using **Restorative Strategies** (train the trainer model)
- \$113,750 • Substitutes for training teachers with both **CHAMPS** curriculums (begin with 6th and 9th grade teachers)

\$616,174

Contract Mental Health Services for Our Schools to do the following:

- Support **high needs PK-12 students and families** at our most at-risk schools
- Provide **individual therapy** and **small group therapy** (e.g., coping skills, building agency, life skills, substance abuse, etc.)
- Provide **2Gen support**: connect agencies to families
- Support a **mindset change** from thinking "What's wrong with you?" to "What happened to you?"
- **Build capacity with our staff** to continue these services in the future

\$891,493